Hi there !

This Christmas, we'd love you to consider doing something a little different.

At Changing Lives Together, our Buddy & Befriending service supports adults across Cheshire who experience loneliness and social isolation. Through regular telephone calls from our wonderful volunteers, we help people feel connected, valued and less alone.

For some people, Christmas can be an especially difficult time, particularly if they are living alone or have limited contact with family and friends.

That's why we're launching our Buy a Phone Call Christmas campaign.

We're asking people and businesses to consider donating £5 – perhaps instead of buying a box of chocolates, biscuits or taking part in Secret Santa this year.

It's a small amount, but it can help us continue providing the friendly conversations and companionship that mean so much to people who might otherwise spend Christmas alone.

We'd love your business to get involved. You could:

- Encourage colleagues to donate £5 instead of taking part in Secret Santa.
- Invite staff to make a small Christmas donation.
- Make a business donation to support our Buddy & Befriending service.
- Share our campaign with your colleagues, customers and wider networks.

Every donation, whatever the size, will help us bring a little more connection, kindness and companionship to someone who needs it.

We'd also really appreciate it if you could display the attached campaign poster in your workplace, staff room or reception area to help us spread the word.

If your organisation would like to support the campaign, you can use the QR code on our poster or get in touch with us directly.

Thank you for taking the time to consider supporting Changing Lives Together. Together, we can help make Christmas a little less lonely for someone.

Best wishes for Christmas and the New Year

The Buddy & Befriending Team

Kind Regards
Lesley Moore

Head of Community Support

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www.changing-lives-together.org.uk



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